



Congress Information & Opportunity Centre,
Unit 7A, Connolly House,
Elevation Business Park,
Clonroad,
Ennis, Co. Clare

Phone : +353 (0) 65 684 1009
Fax : +353 (0) TBC
E : info@cioc.ie

Useful Contacts:

Ennis Garda Station
065- 6848100

AWARE (Support for Depression)
01 - 6766166 | www.aware.ie | info@aware.ie

BODY WHYS (Eating Disorders Helpline)
01 – 2834963 | www.bodywhys.ie | info@bodywhys.ie

TEEN LINE
1800 833 634 | www.teenline.ie | email: info@teenline.ie

PARENT LINE
1890 927 277 | www.parentline.ie | email: info@parentline.ie

Suicide Support Groups & Counselling Services:

Clare Living Links (Mon – Fri / 5.00 pm – 7.00 pm)
086 – 0565373

Solas Suicide Support Group
086 – 0829907 | johannatreacy@eircom.net

Samaritans
065 – 6829777 | www.samaritans.ie | jo@samaritans.org

Console Limerick
061 – 306792 | www.console.ie | info@console.ie

Pieta House Limerick
061 - 484444 | www.pieta.ie | mary@pieta.ie

Addiction Support:

Bushypark Treatment Centre, Ennis
065 – 6840944 | www.bushypark.ie | bushyparkhouse@clarecare.ie

Aislinn Adolescent Addiction Centre, Kilkenny
056 – 8833777 | www.aislinn.ie | info@aislinn.ie

A.A. (Alcoholics Anonymous)
061 – 311222 / 364254 | www.alcoholicsanonymous.ie |
gso@alcoholicsanonymous.ie

N.A. (Narcotics Anonymous)
087 – 1386120 | www.na-ireland.org | info@na-ireland.org

Voluntary Groups / Organisations:

Clarecare
065 – 6828178 | www.clarecare.ie | info@clarecare.ie

Clare Youth Service
065 – 6824137 | www.clareyouthservice.org |
info@clareyouthservice.org

Department of Social Protection, Ennis
065 – 6867800 | www.welfare.ie

MABS (Money Advice & Budgeting Service)
065 – 6841991 | www.mabs.ie | ennis@mabs.ie

Clare Haven House Project (Domestic Abuse)
065 – 6822435/6842646 | www.clarehaven.ie | clientcare@clarehaven.ie

Citizen Information Centre
065 – 6841221 | www.citizensinformation.ie | ennis@citinfo.ie

Caring for Carers, Ennis
065 – 6866515 | www.caringforcarers.ie | caringforcarers@eircom.net

Disabled People Of Clare
065 – 6843488 | www.dpoc.ie | info@dpoc.ie